What’s New in Medicine 2012

18 AMA PRA Category I Credits™
18 Nursing Contact Hours
18 Hours Pharmacy CE*

September 7 & 8, 2012

Three Rivers Convention Center
7016 W. Grandridge Blvd.
Kennewick, WA 99336

www.whatsnewinmedicine.org

Jointly sponsored by the
Foundation for Care Management
and What’s New in Medicine.

Supported, in part, by educational grants.
Grant support is pending.

In partnership with
Upon completion of this workshop, the healthcare professional will be able to:

1. Identify the epidemiology of UTI and recurrent UTI.
2. Discuss what is new in the treatment and prevention of UTI and recurrent UTI.
3. Identify when to refer to a specialist.
4. Identify the epidemiology of MDRO including MRSA/VRE/Multidrug Resistant Pseudomonas infection.
5. Identify the clinical manifestation in diagnosis of MDRO.
6. Discuss what is new in the treatment of MDRO.
7. Identify what is new in the different classes and types of new antibiotics. Know the new and common side effects, indication, limitation, and use of these new antibiotics.
8. Identify the new diagnostic measures for HIV, hepatitis B and hepatitis C.
9. Identify the new guidelines for the management of HIV, hepatitis B and hepatitis C.
10. Discuss how to take good sexual history.
11. Discuss what is new in the diagnosis, treatment and prevention of common STDs.
12. Discuss what is new in the adult and pediatric vaccination and its indication.
13. Discuss the side effects of the vaccination.
14. Discuss how to deal with the vaccine hesitancy among mothers, patients/caregivers.
15. Identify the epidemiology of the common hospital acquired infections including C. difficle, catheter related infections and device related infections.
16. Identify the prevention strategies, diagnosis and treatment of hospital acquired infections.
17. Identify the epidemiology, clinical manifestations and complications of common dental infections.
18. Discuss what is new in oral or dental infections.
Upon completion of this workshop, the healthcare professional will be able to:

1. Discuss briefly the prevalence of Obesity as a disease and co-morbid condition.
2. Recognize considerations for drug or surgical therapy: a focus on evidence-based management.
3. Discuss briefly the pathophysiology of atrial fibrillation and chronic heart failure.
4. Discuss what’s new in the management of chronic atrial fibrillation and chronic heart failure.
5. Discuss when to refer to specialists.
6. Discuss the requirements for management of chronic pain: What is new in Washington State Law?
7. Identify non-opioid treatments for some common pain conditions including low back pain and neuropathic pain.
9. Identify evaluation and treatment of acute diarrhea. Know how to appropriately triage, discuss supportive care and what is new in the management of acute diarrhea.
10. Develop an approach to chronic diarrhea and IBS through discussing the updates on diagnosis and treatment.
11. Identify the indications of appropriate care for chronic wounds.
12. Recognize important consideration in the healing process including wound classification, circulatory status and bacterial burden.
13. Discuss the utility of hyperbaric oxygen, wound vacuum and wound treatment centers.
14. Discuss what is new in the management of osteoporosis.
15. Discuss what is new in the management of menopause.
16. Discuss what is new in cervical cancer screening.
17. Recognize of the appropriate evaluation and treatment for low TSH: subclinical hypothyroidism, central hypothyroidism.
18. Identify the appropriate evaluation and treatment of high TSH states.
19. Discuss when to refer to a specialist.
20. Discuss what is new in the management of diabetes - OHA, insulins, surgical.
21. Discuss briefly the pathway of the new hypoglycemic agents.
22. Discuss when to refer to a specialist.
### Lecture Topics -- Day 1 -- 9/7/2012

<table>
<thead>
<tr>
<th>Time</th>
<th>Lecture Topic</th>
<th>Faculty</th>
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</thead>
<tbody>
<tr>
<td>7:30-8:30am</td>
<td>Registration/Exhibits</td>
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<tr>
<td>8:30-9:30am</td>
<td>Oral Health</td>
<td>Dr. Russell Maier</td>
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<tr>
<td>9:30-10:30am</td>
<td>Hospital Acquired Infections - Prevention Management</td>
<td>Dr. Timothy Dellit</td>
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<tr>
<td>10:30-10:45am</td>
<td>BREAK</td>
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<tr>
<td>10:45-11:45am</td>
<td>MRSA/VRE MDRO</td>
<td>Dr. David Spach</td>
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<tr>
<td>11:45am-12:45pm</td>
<td>LUNCH - Exhibit Hall, Workshop/Special Discussion Groups</td>
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<tr>
<td>12:45-1:45pm</td>
<td>Hepatitis B, C and HIV Updates</td>
<td>Dr. Maximilian Lee &amp; Dr. David Spach</td>
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<tr>
<td>1:45-2:45pm</td>
<td>Antibiotics</td>
<td>Dr. David Spach</td>
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<tr>
<td>2:45-3:00pm</td>
<td>BREAK</td>
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<tr>
<td>3:00-4:00pm</td>
<td>Immunizations Updates</td>
<td>Dr. Shireesha Dhanireddy</td>
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<tr>
<td>4:00-5:00pm</td>
<td>Sexual History and STD Update</td>
<td>Dr. Carrie Horwitch</td>
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<tr>
<td>5:00-5:15pm</td>
<td>Break</td>
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<tr>
<td>5:15-6:15pm</td>
<td>UTI - Recurrent UTI Treatment</td>
<td>Dr. John Lynch</td>
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### Accreditation

**AMA PRA Category 1 Credit Statement**
This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the Foundation for Care Management (FCM) and What’s New in Medicine (WNM). FCM is accredited by the ACCME to provide continuing medical education for physicians. FCM designates this educational activity for a maximum of 18 AMA PRA Category 1 credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Nursing Credit Statement**
The Foundation for Care Management is an approved provider of continuing nursing education by the Colorado Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. Approval period: July 1, 2009 - June 30, 2012. Provider #FCM-0612.

**Pharmacy Credit Statement**
The Foundation for Care Management is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Program #0347-9999-12-015-L01-P *This CE activity is knowledge based.*
Special Topic Discussion Groups require pre-registration. Space is limited and will be filled on a first-come, first-served basis.

<table>
<thead>
<tr>
<th>Time</th>
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<th>Topic</th>
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<tbody>
<tr>
<td>11:45a-12:45p</td>
<td>A</td>
<td><strong>Nursing Infectious Diseases Topics</strong>&lt;br&gt;• Identify the different measures in infection control and prevention&lt;br&gt;• Identify the common per oral and parenteral antibiotics.&lt;br&gt;• Identify the uses, side effects and limitations of the common antibiotic.&lt;br&gt;• Recognize the common infections seen in the hospital.</td>
<td>Dr. Timothy Dellit</td>
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<td>B</td>
<td><strong>Travel Medicine</strong>&lt;br&gt;• Identify the common travelers related infectious diseases.&lt;br&gt;• Identify the diagnosis and clinical manifestations of travel related infectious diseases.&lt;br&gt;• Discuss the treatment and prevention of travel related infections.</td>
<td>Dr. Christopher Sanford</td>
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<td>C</td>
<td><strong>Infections in the Northwest</strong>&lt;br&gt;• Identify the epidemiology of the emerging infections in the NW, including Group A strep infection, bacterial meningitis, HSV encephalitis, Listeriosis, Pertussis Coccidiomycosis.&lt;br&gt;• Identify the clinical manifestation and diagnosis of the emerging infectious diseases of the NW.&lt;br&gt;• Discuss the treatment and prevention of the emerging infectious diseases of the NW.</td>
<td>Dr. Paul Pottinger</td>
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<td>D</td>
<td><strong>Endocarditis/Cardiac Infections</strong>&lt;br&gt;• Identify the epidemiology of cardiac and vascular infections.&lt;br&gt;• Discuss what is new in the diagnosis, treatment and prevention approach of cardiac or vascular infections.</td>
<td>Dr. John Lynch</td>
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<td>Wound Care</td>
<td>Dr. Charles Andersen</td>
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<td>9:00-10:00am</td>
<td>Cardiology</td>
<td>Dr. Christopher L. Fellows</td>
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<td>Afib</td>
<td>Dr. Sara Weiss</td>
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<td></td>
<td>Heart Failure</td>
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<td>BREAK</td>
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<tr>
<td>10:15-11:15am</td>
<td>Pain Management</td>
<td>Dr. David Tauben</td>
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<tr>
<td>11:15am-12:15pm</td>
<td>GI (IBS/Diarrhea)</td>
<td>Dr. Timothy L. Zisman</td>
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<td>12:15-1:30pm</td>
<td>LUNCH/Exhibits/Violin Performance</td>
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<td>1:30-2:30pm</td>
<td>Obesity</td>
<td>Dr. Gerard Letterie</td>
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<td>2:30-3:30pm</td>
<td>Women’s Health</td>
<td>Dr. Eliza Sutton</td>
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<td>3:30-3:45pm</td>
<td>BREAK</td>
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<td>Diabetes</td>
<td>Dr. Timothy Evans</td>
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<tr>
<td>4:45-5:45pm</td>
<td>Thyroid/Endocrine</td>
<td>Dr. Douglas Paauw</td>
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| 12:30-1:30pm | A       | **Asthma/COPD/OSA**  
• Discuss updates in outpatient management of asthma, COPD and OSA.  
• Discuss the care of acutely ill patient with asthma and COPD: use of steroid, antibiotics and urgent care of severe exacerbations. | Dr. Steve Kirtland   |
|            | B       | **Fibromyalgia and Chronic Fatigue Syndrome**  
• Discuss what is new in the management of fibromyalgia and chronic fatigue syndrome.  
• Identify evidence for the role of Holistic Therapy/Alternative Medicine.  
• Discuss when to refer to a specialist. | Dr. David Tauben    |
|            | C       | **Headaches/Migraines**  
• Recognize the distinction between primary and secondary headaches and the common types of each.  
• Review a rational approach to tension, migraine, chronic daily and trigeminal headaches. | Dr. Douglas Paauw   |
|            | D       | **Preventive Care/Cancer Screenings**  
• Identify the new in the guidelines for screening cervical cancer and the role of HPV vaccination in its prevention.  
• Discuss preventive health care for smokers: cessation, AAA screening, peripheral vascular disease screening and lung cancer screening.  
• Discuss current approach to breast cancer screening and the evidence for self breast exam, clinical breast exam and mammography. | Dr. Carrie Horwitch |
Charles Andersen, MD  
Chief of the Vascular/Endovascular/Limb Preservation Service  
Medical Director of the Wound Care Clinic  
Madigan Army Medical Center  
Tacoma, Washington

Timothy Dellit, MD  
Associate Medical Director, Infection Control  
Harborview Medical Center, University of Washington  
Seattle, Washington

Shireesha Dhanireddy, MD  
Madison Clinic, Harborview Medical Center  
Assistant Professor, Infectious Diseases, University of Washington  
Seattle, Washington

Timothy C. Evans, MD, PhD, FACP  
Associate Professor, Division of General Internal Medicine  
University of Washington  
Seattle, Washington

Christopher L. Fellows, MD, FACC, FHRS  
Department of Cardiology  
Virginia Mason Medical Center  
Seattle, Washington

Carrie A. Horwitch, MD, MPH, FACP  
Virginia Mason Medical Center  
Clinical Assistant Professor of Medicine, University of Washington  
Seattle, Washington

Steve Kirtland, MD, FCCP  
Clinical Assistant Professor, University of Washington  
Chief of Staff, VM Hospital  
Medical Director, Thoracic Oncology Program  
Director, Bronchoscopy Services  
Virginia Mason Medical Center  
Seattle, Washington

Maximilian F. Lee, MD  
Gastroenterologist, Virginia Mason Medical Center  
Seattle, Washington

Gerard S. Letterie, DO  
Associate Clinical Professor, Department of Obstetrics and Gynecology  
University of Washington  
Seattle, Washington

John Lynch, MD  
Assistant Professor, Department of Medicine  
Division of Allergy and Infectious Disease, University of Washington  
Seattle, Washington
Russell Maier, MD  
Program Director of Central Washington Family Medicine Residency  
Clinical Professor of Family Medicine  
University of Washington School of Medicine  
Seattle, Washington

Douglas S. Paauw, MD, MACP  
Professor of Medicine, Division of General Internal Medicine  
University of Washington  
Seattle, Washington  
Denver, Colorado

Paul Pottinger, MD, DTM&H  
Associate Professor, Infectious Diseases Medicine  
Associate Director, ID Fellowship Program  
Director, Antimicrobial Stewardship Program  
University of Washington  
Seattle, Washington

Christopher Sanford, MD, MPH, DTM&H  
Director, Travel Clinic, UW Neighborhood Northgate Clinic  
Associate Professor, Department of Family Medicine, University of Washington  
Seattle, Washington

David H. Spach, MD  
Professor of Medicine, Allergy and Infectious Disease  
University of Washington, Harborview Medical Center  
Seattle, Washington

Eliza Sutton, MD, FACP  
Associate Professor, General Internal Medicine  
Medical Director, Women’s Health Care Center  
University of Washington Medical Center  
Seattle, Washington

David J. Tauben, MD  
Medical Director, UW Center for Pain Relief  
Clinical Associate Professor, University of Washington  
Seattle, Washington

Sara Weiss, MD  
Department of Cardiology  
Virginia Mason Medical Center  
Seattle, Washington

Timothy L. Zisman, MD, MPH  
Assistant Professor, Department of Gastroenterology  
University of Washington  
Seattle, Washington
Mail registration and make check payable to:

What’s New in Medicine
c/o Marlene Chua
176 Kentwood Court
Richland, WA 99352

For special needs, further details or more information contact:
Melissa Baughman, CHES
Benton Franklin Health District
509-460-4236
melissab@bfhd.wa.gov

Cancellation Policy:
Cancellations must be submitted in writing and mailed to Marlene Chua, 176 Kentwood Court, Richland, WA 99352, no later than August 7, 2012 for a full refund minus a processing fee of $10.00. No refunds will be given if cancelled after August 7, 2012. However, you may have someone else attend the conference in your place by submitting the request in writing and mailing it to Marlene Chua, 176 Kentwood Court, Richland, WA 99352.

Accommodations:
Hotel accommodations at a discounted rate can be made by contacting:
(Hotel accommodations are not part of the cost of registration)

Hilton Garden Inn
701 N. Young St., Kennewick, WA 99336
Tel. 509-735-4600 • Fax 509-735-4601
www.tri-citieskennewick.gardeninn.com

Red Lion Hotel
N. 1101 Columbia Center Blvd., Kennewick, WA 99336
Tel. 509-783-0611 • Fax 509-735-3087
email: columbiacentersales@redlion.com
I. MD, DO, PA, PA-C,NP, ARNP, PharmD, Pharmacist, Other Healthcare Professionals (circle one):

Registration postmarked before August 7, 2012:
☐ 2 days: $175.00  1 day: $125.00  ☐ Friday  ☐ Saturday

Registration after August 7, 2012:
☐ 2 days: $275.00  1 day: $150.00  ☐ Friday  ☐ Saturday

Nurses, Medical Assistants, LPN, Technicians, Other (circle one):

Registration postmarked before August 7, 2012:
☐ 2 days: $125.00  1 day: $75.00  ☐ Friday  ☐ Saturday

Registration after August 7, 2012:
☐ 2 days: $175.00  1 day: $100.00  ☐ Friday  ☐ Saturday

☐ Students: $30.00 for day 1, day 2, or both days

II. Special Topic Discussion Group (choose one per day)

Friday $10.00  ☐ A  ☐ B  ☐ C  ☐ D
Saturday $10.00  ☐ A  ☐ B  ☐ C  ☐ D

Total Amount Enclosed (I+II): Please make check payable to WNM or What’s New in Medicine $___________________

Please print clearly; 1 form per person.
Registration includes: Lunch & program CD. No breakfast, but coffee and water will be provided during breaks.

Name: ____________________________________________
                      Last Name                         First Name
Address: ________________________________________________
City: ____________________ State: ______ Zip: ________
Daytime Phone: ________________________________

Email (required for confirmation purposes):
__________________________________________